PUBLICATIONS

Journal Articles

* Dolley-Lesciks, O., Rose, J., Jones, C. And Long, C. G. (2024) Compassion Fatigue among staff in a medium secure psychiatric setting: individual and environmental factors. In S. Ventura (ed) Through Your Eyes – Research and New Perspectives on Empathy
* Long C.G., Dolley, O., and Hollin C.R. (2018) Increasing the uptake of Mental Health Treatment Requirements: Clinical outcomes at one year of collaboration between probation and independent charitable providers of Mental Health and social care. Journal of Criminal Psychology., 8(3), 215-233
* Isawa E., Clancy D., and Long C.G. (2018) Helping clients placed on a Mental Health Treatment Requirement:A reflection on the provision of short-term psychological therapy. Clinical Psychology Forum., 302, 8-13
* Mann, E., Sims,S., and Long, C.G. (2017) Working with women who self-harm within a secure environment :The experience of assistant psychologists. Forensic Update 126 (Dec), 9-19
* Dolley, O., Gaylor, M. & Long, C.G. (2016) Getting the most from your treatment. Motivating engagement in women in secure psychiatric settings. Forensic Update. 121 (June)
* Long,C.G., Butt, D.,French. M., & Wimhurst S. (2016). Realising the potential of the Mental Health Treatment Requirement: A collaboration between probation and independent providers of Mental Health and Social Care. Probation Journal., 63(4), 460 - 470.
* Long, C.G., Rowell, A., Rigg,S., Livesey,F. & McAllister,P. (2016). What is effective in promoting a healthy lifestyle in secure psychiatric settings? A review of the evidence for an integrated programme that targets modifiable health risk behaviours. Journal of Forensic Practice., 18(3), 204-215
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* Long, C.G., Siddique, R., Rigg, S., Banyard, E., Stillman, S., Bailey, S. and Dolley, O. (2015). Screening for incontinence in a secure psychiatric service for women. International Journal of Mental Health Nursing. 24,451-459. doi:10.111/inm.12141

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* Baker, F., Harwood, R., Adams, M., Baker, C., & Long, C.G. (2014) Following up the outcomes of a CBT based substance misuse intervention for men in a secure psychiatric setting Forensic Update 115, 52 – 58
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* Long, C.G., Rowell, A., Gayton, A., Hodgson, E., & Dolley, O (2014) Tackling obesity and its complications in secure settings Mental Health Review Journal 19 (1), 37-46
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* Long, C.G., Ritchie, L., Dolley, O., & Collins, L. M (2013) Secure psychiatric care: how appearance and neglect affect women Mental Health Practice. 16, (18) 12-17
* Long, C.G., Dolley, O., & Hollin, C.R (2013) Engagement in psychosocial treatment: its relationship to outcome and care pathway progress for women in medium secure settings Criminal Behaviour and Mental Health. 22,(5) 336-349
  + Long, C.G., Fulton, B., & Dolley, O (2013) Group treatment for interpersonal effectiveness: A study of women in a medium secure psychiatric hospital. Journal of Psychiatric Intensive Care. 9(1), 27-32
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* Long, C.G., Fulton, B., Dolley, O., & Hollin, C.R. (2011) Social problem solving interventions in medium secure settings for women. Medicine Science & the Law. 51 (4), 215-219.
* Long, C.G., Collins, L., Mason, F., Sugarman, P. & Hollin, C.R. (2011) Effective therapeutic Practice in a secure women’s service: From vision to reality. International Journal of Healthcare Leadership, 17 (2), 79-84.
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* Long, C.G., Hall, L., Craig, L., & Mochty, U. (2011) Women referred for medium-secure inpatient care: A population study over a six year period. Journal of Psychiatric Intensive Care 7, 17-26.
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***Book Chapters***

* Long, C.G., & Shine, J. (2015) Specialist psychosocial treatment programmes In: G. Dickens, M. Picchioni, & P. Sugarman (Eds) Handbook of Specialist Secure Inpatient Care London: Royal College of Psychiatrists.
* Long, C.G., Dolley, O., & Hollin, C.R. (2011) Women in medium secure settings: changes in risk profiles and engagement over treatment. In I.Needham, H. Nijman, T. Palstierna, R. Almrik, & N. Oud (Eds) Violence in Clinical Psychiatry Amsterdam: Kavanah.
* Long, C.G. (1995) Renal Care. In: A.K. Broome & S. Llewellyn (Eds.) Health Psychology (2nd Edition), London: Chapman Hall.
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* Cordle, C.J. & Long, C.G. (1982) Behavioural Treatment of Compulsive Hair Pulling: In: M. Stein & J.R. Davis (Eds.) Therapies for Adolescence, Josse-Bass Inc.

***Conference Papers & Presentations***

* Long, C.G., Banyard, E. and Dolley, O. (2015) Living with mental illness. A cognitive behavioural group psycho education programme with women in secure settings. 43rd Annual Conference of British Association for Behavioural and Cognitive Psychotherapies. University of Warwick.
* Butt, D., French., M ., & Long, C.G., (2015) Working in partnership to provide an evidence based innovative Mental Health Service to reduce re-offending (Workshop). Second Work Congress on Community Corrections. Los Angeles, California. 16.07.2015.
* French, M., & Long, C.G., (2015) Realising the Potential of the Mental Health Treatment Requirement order. St Andrew’s Continuing Professional Development Programme. Northampton, 8th May.
* Long, C.G., Spickett, R. & Rigg, S. (2014) Getting moving: Increasing physical activity in secure psychiatric wards for women. St Andrew’s Continuing Professional Development Programme Northampton 12th September.
* Long, C.G. (2014) Treatment progress in medium secure settings for women. Changes in symptomatology, personality and need from admission to discharge. BABCP 42nd Annual Conference 24th July
* Long, C.G., (2014) Reducing seclusion and restraint in a secure service for women 11th National Conference. Research in Forensic Mental Health Services 3rd April.
* Long, C.G. (2013) Manualised interventions for BPD in secure settings: issues and outcomes. Innovations in Secure Care for People with Complex Needs: Accentuating the Positive in Working with Personality Disorder St Andrew’s, Essex 7th November 2013.
* Long, C.G. (2013) The Active Ward Checklist. Weight Management – Sharing the Challenges and Solutions in Mental Health and Learning Disability St Andrew’s, Northampton 14th October 2013.
* Long, C.G. (2013) Assessment of risk factors in secure settings for women. Working with Women University of Northampton 12th July 2013.
* Long, C.G. (2013) A first stage evaluation of a treatment programme for women with personality disorder in a secure psychiatric setting. BABCP Annual Conference London16-19th July 2013.
* Long, C.G. (2013) Group cognitive behavioural treatment for interpersonal effectiveness: A study of women in a secure psychiatric setting. EABCT Annual Conference 25-28th Marrakech September 2013.
* Long, C.G. (2013) The development and application of the Active Ward Checklist. St Andrew’s Continuing Professional Development Programme Northampton 5th April 2013.
* Long, C.G. (2013) Women fire setters admitted to a secure psychiatric setting - characteristics and treatment needs. 10th National Conference, Research into Forensic Mental Health Services 14 March, Institute of Psychiatry, London.
* Long, C.G., Rowell, A., & Dolley, O. (2012) Are women with eating disorders getting a fair deal in secure hospitals? Eating Disorders International Conference London, 15th March.

* Long, C.G., & Bradley, L. (2012) the therapeutic milieu in forensic services for women: the service user perspective. St Andrew’s Continuing Professional Development Programme. Northampton 2012.
* Long, C.G. (2012) Women transferred from prison to secure psychiatric care: the therapeutic challenge 12th Annual Conference of the International Association of Forensic Mental Health Services Miami, Florida 23.04.2012.
* Wheatley, M., & Long, C.G. (2012) Transitions of women from adolescent to adult secure psychiatric settings. 12th Annual Conference of the International Association of Forensic Mental Health Services Miami, Florida 23.04.2012.
* Long, C.G. (2011) Demonstrating treatment effectiveness A Practical Guide to Improving Quality and Patient Safety within Independent Healthcare Healthcare Events London 6.4.2011.
* Long, C.G. (2011) Substance abusing women in secure settings: Characteristics, treatment and treatment response. St Andrew’s Healthcare Continuing Professional Development Programme. 25.02.2011.
* Long C.G. (2011) Group substance abuse treatment for women in secure services 39th Annual Conference of British Association for Behavioural & Cognitive Psychotherapy 22.07.2011.
* Long, C.G. (2011) Innovations in delivering CBT for women in secure services 39th Annual Conference of British Association for Behavioural & Cognitive Psychotherapy 22.7.2011.
* Long, C.G. (2010) Evaluation of treatment for women at St Andrew’s Healthcare. Evidence based practice for women in secure settings. Developments in Psychosocial treatment. St Andrew’s Healthcare, Northampton 3.11.2010.
* Long C.G., et al (2010) Social Climate in a women’s secure pathway of care 18th European Congress of Psychiatry Munich, Germany 29.02.2010.
* Long, C.G. (2010) Use of an extra care area in a medium secure setting for women: finding and implications for practice The Seventh National Conference on Research in Secure Units 28.01.2010.
* Long, C.G. (2009) Helping women in secure settings to Quit Smoking (Workshop) What works for women and those who care for them? Northampton 24th March 2009.
* Mason, F. & Long, C.G. (2009) What works for women and those who care for them: A six-year population study and its implications. Royal College of Psychiatrists: Faculty of Forensic Psychiatry Annual Meeting Barcelona, 4th – 6th February 2009.
* Long, C.G., Mason, F., Mochty, U. & Craig, L. (2009) Women referred for medium secure inpatient care: A population study over a six-year period Sixth Annual Conference of Research in Medium Secure Units. Institute of Psychiatry London January 29th 2009.
* Long, C.G. (2008) Cognitive behavioural treatment of over-exercising in anorexia nervosa. Physical Activity & Psychological Wellbeing Northampton 18th November 2008.
* Savage, P. & Long, C.G. (2008) Improving Motivation to engage in exercise in women in secure psychiatric settings Physical Activity & Psychological Being Northampton 18th November 2008.
* Long, C.G. & Hollin, C.R. (2004) Evaluation of a substance misuse programme for psychiatric patients in a secure setting: assessment strategy and research design. Fourth Annual Conference of the International Association of Forensic Mental Services, Stockholm, June 6.
* Cassidy, T., Hillier, S. & Long, C.G. (2000) Exercise, body image and eating disorder. British Psychological Society London Conference December 19.
* Long, C.G., Williams, M.J., Midgley, M. & Hollin, C.R. (1998) Within treatment factors as predictors of drinking following cognitive behavioural treatment. Society for the Study of Addiction Annual Symposium, York, November 6.
* Long. C.G. (1997) Process variables and outcome of treatment for problem drinking. European Congress of Behavioural and Cognitive Therapies, Venice, July 21.
* Long, G.G. & Kidger, T. (1997) Outcome of treatment for problem drinking: practical implications of programme change. Addiction Forum, Durham, September 24.
* Long, C.G. & Kidger, T. (1995) Staff and peer prediction of treatment outcome for problem drinkers. Addictions Forum. Durham, September 28.
* Long, C.G. (1995) Relapse Prevention and Anorexia Nervosa (Workshop). Annual Conference of Eating Disorders Association. Sheffield, September 9 & 10.
* Long, C.G., Hollin, C.R. & Williams, M. (1995) Self-efficacy, outcome expectations and outcome fantasies as predictors of post-treatment alcohol use in problem drinkers. World Congress of Behavioural and Cognitive Therapies. Copenhagen, July 13.
* Long, C.G. (1993) Psychological treatment of anorexic patients who over-exercise: A 4 year follow-up. European Congress of Behavioural & Cognitive Therapies, Institute of Education, London, September 22.
* Long, C.G. (1993) Selective processing of food and body size words in anorexics, obese restrained eaters and normals. Eating Disorders ‘93, London, April.
* Cassidy, T. & Long, C.G. (1993) Problem-solving style, vulnerability and life-stress. British Psychological Society London Conference, December.
* Cassidy, T., Burnside, E. & Long, C.G. (1992) Vulnerability, stress and affective disorders: the construction of a comprehensive model for assessment and research. British Psychological Society London Conference. City University, 15-15.12.92.
* Long, C.G. (1991) Psychological treatment of behavioural problems associated with anorexia nervosa. Royal College of Psychiatrists. Chiltern & Thames Division, June 1991.
* Long, C.G. (1989) Cognitive behavioural treatment of exercise addiction. Association of Psychological Therapies Annual Conference. Randolph Hotel, Oxford, 28.11.89.
* Long, C.G. (1989) The in-patient management of anorexia nervosa. National Children’s’ Bureau Conference: Adolescence & Eating Disorders, Northampton 23.2.89.
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